

ZenPamper
Company

Gold Spa Treatments

30 mins | £40

Gold Treatments 30 minutes

- Indian Head Massage – An ideal massage to help you unwind, using specific pressure points to relieve tension in the upper back, face and scalp. This relaxing and vitalising head massage releases fatigue and tension. You'll experience an invigorating scalp massage and rich oil to strengthen and thicken hair.
- **Add one of our amazing hair masks during this treatment for an indulgent upgrade £10**
- Zen Power Facial – Tailored to your skin type, we offer a gentle exfoliation that power cleanses, before applying a rich mask to nourish your skin. You will then enjoy a facial massage all topped off with a revitalising eye and face moisturiser to hydrate and protect the skin, leaving it clear and natural. If you are looking for fast results, need to look your best and don't have much time this is the one for you.
- Zen Back Massage – A back, neck and shoulder massage incorporating traditional Swedish massage techniques. Our priority in this treatment is to understand and address the tension in your back and how it impacts the rest of your body. By focusing on the back, you will experience intense muscle relaxation, and a feeling of wellbeing. This massage is particularly good for relieving mild aches and pains.
- TLC for Legs & Feet - Instant relief for tired, over worked feet and limbs. We begin with skin brushing to help eliminate excess fluids, continue with a scrub, a leg and foot massage and finish with a cooling peppermint balm.
- Express Manicure – Essential upkeep with nail tidy, file and shape, finished off with an application of OPI Polish or go without for natural nails.
- Express Pedicure – Removal of hard skin, nail tidy, file and cuticle work, finished off with an application of OPI Polish or go without for natural nails.
- **Add a Gel Finish for an additional 15 minutes to the treatment time and an extra £15 to the treatment price.**

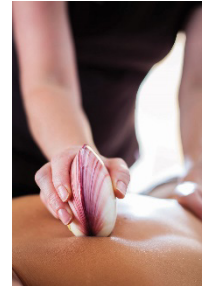
Please check out our website for full Gold Spa Treatment menu [Gold Spa Treatments | Zen Pamper](#)



Platinum Spa Treatments

60 mins | £70

Platinum 60 minute treatments



- **Deluxe Facial** – Aromatic facial for all skin types. There is nothing like stress for aging the skin and nothing like relaxation for improving it. This indulgent aromatherapy facial is designed to keep your skin looking radiant and healthy. It concentrates on relaxing tense face muscles and will soothe, calm and nourish a tired complexion. A deep cleanse, gentle exfoliation which precedes a mask, you will then enjoy a facial massage all topped off with eye and face cream. Hand, arm and scalp massage - pure bliss.
- **Full Body Massage** – A Swedish massage is a relaxing massage aimed to relieve muscular aches and pains. If you need a deep massage to address those difficult knots, aches and pains or something more relaxing to ease away stresses and re-connect, then this is the choice of massage for you. Leaves you feeling relaxed or revitalised and improving your mental wellbeing.
- **Aromatherapy Massage** – Personalised to your physical and emotional needs, carefully chosen aromatherapy blends, relax, detoxify or energise, while advance massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Your mind and body feel balanced, energy renewed and inner calm restored.
- **Luxury Manicure** – A nourishing treatment for hands in need of a little TLC. Hands are exfoliated and a softening treatment is used for the hands, followed by a hand and arm massage. Nails are preened to perfection with a finish of OPI colour of your choice.
- **Luxury Pedicure** – This pedicure will leave your feet feeling lighter and softer than ever. Starting off with hard skin removal, file and cuticle work. Afterwards feet will be soaked and buffed, and a cooling mask applied to nourish and soften the skin. A soothing foot and leg massage to finish off with OPI polish of your choice.
Add a Gel Finish for an additional 15 minutes to the treatment time and an extra £15 to the treatment price.
- **Hot Stones or Lava Shell Relax** – Feel the warmth of the tropics with Lava Shells for the ultimate relaxation experience. A full body heated massage, using Lava Shells. These are the World's first self heating massage tool, which increases the effect of the massage tenfold. When you are looking to refocus your mind, Lava Shells deliver a unique massage of warmth to relax the muscles, working on pressure points and tension areas to ease stress and deliver an intense and powerful massage treatment creating a sense of balance to the entire body.

Please check out our website for full Platinum Spa Treatment menu [Platinum Spa Treatments | Zen Pamper](#)



Zen Pamper Company is based in the beautiful Cotswolds and offers a full range of mobile spa treatments to keep you feeling relaxed and looking fabulous. We work around your schedule offering luxury beauty treatments to your venue.

We use only the very best techniques and natural products to nurture your body, mind and soul and provide everything needed for your mobile spa treatments so you can enjoy a moment to yourself, to relax and unwind with friends and family.

All our Therapists are fully insured and trained to the highest standards. We request that each booking has a minimum of 120 minutes of treatments. Please provide at least 48 hours notice in advance to avoid disappointment. Choose from our treatment menu and contact Zen Pamper Company 07977611065 to arrange a suitable date and time. We will require your full address, telephone number and debit or credit card details.

House Rules

For bookings and enquiries please call us on 07977611065 or email us at info@zenpamper.co.uk

Cancellations

Cancellation is required at least 24hrs in advance of your treatments. If we are unable to resell your booking a charge will be made on your debit/credit card bill.

We cannot take payment on the day of your spa treatments as all our therapists are self-employed, so therefore unable to accept any payment on our behalf. We will send you written confirmation when we have received your booking. Please ensure that all guests complete a Zen Pamper Company consultation form and that all guests arrive on time for their treatments. The therapists will try to accommodate any changes due to clients arriving late as much as possible, but the therapists will have no liability for any loss of time. As we provide our own products and equipment on the day, please ensure there is enough space to do the treatments. This includes a massage couch with space to work around and access to a sink and an electrical socket will be required. All treatments must be booked and paid for in advance and therefore, cannot be booked with the therapist on the day.

Mileage Fees

Travel charges apply at 50p per mile one way only.

Treatments

All treatments listed are available on the therapist's skill set on the day and may be swapped to an equivalent treatment, we will try to accommodate this as much as possible.

Health Advice

At the start of your treatment you will complete a medical questionnaire. It is important for us to know if you are pregnant or have undergone recent surgery. We also need to know about any medical issues such as high blood pressure, heart problems, varicose veins, allergies or other serious conditions.

Please let us know at the time of booking so we can ensure that your treatment is suitable for you. All treatments are booked subject to medical status. If you fail to notify us prior to your booking of pregnancy or medical condition, we reserve the right to refuse offering treatments and charge for the treatment time reserved.

Age Restriction

Treatments are only available to guests of 16 years and over unless adult consent.

Timing

Please allow time to complete your health questionnaire and relax. If you are late your treatment time may be shortened and the same treatment price will apply.

What To Wear

If you are having a treatment you would normally keep some underwear on. Our therapists are professionally trained in draping techniques to ensure your privacy and comfort at all times.

In the unlikely event that a client is not happy with their treatment then this must be resolved with the therapist on the actual day after their treatments have been completed. Zen Pamper Company therapists are self-employed with their own insurance and does not accept responsibility for any therapists employed on the day. Any claims that may arise should be forwarded to the therapist direct and not Zen Pamper Company.

We confirm that any therapist working for Zen Pamper Company will be GDPR compliant and will only use our client's contact details for the sole purpose of contacting the host and undertaking the party booking whilst performing the necessary treatments. Zen Pamper Company will not divulge any client information to any third parties.

Make Your Home A House Spa

I use the award winning Neals Yard Remedies Organic products and other high-end professional brands selected for their unique ingredients of plant extracts and essential oils. They are suitable for all skin types and ages and are scented with aromatherapy oils which are amongst the best on the market. All products used in your treatments are available to buy. To order your favourite products call 07977611065 or email info@zenpamper.co.uk or to go shopping for your own NYRO products and see offers, please go to <https://uk.nyrorganic.com/shop/zoehinkley/shop-online/>

Website: www.zenpamper.co.uk Mobile: 07977 611065 Email: info@zenpamper.co.uk



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